

MONIQUE CAIN

Author | Blogger | Speaker | Autism Parent



BIOGRAPHY

Monique Cain is a mother of two children, both diagnosed with Autism Spectrum Disorder. To say the last seven years of their lives have been an emotional rollercoaster would be an understatement... After many negative experiences and in general struggling mentally with their circumstances, in particular grieving for the life she thought they would have, she turned to writing as a form of therapy.

One thing led to another, which then progressed into becoming the author of The Everyday Autism Series. A collection of books written about her two children to initially give them a voice and to now help other children and families too. They are written in rhyme to be entertaining, with simple language for both children and adults to gain valuable knowledge. Especially perfect for the newly diagnosed, but all parents, families, friends, classmates, teachers, educators and professionals.

Her business and brand has continued to evolve into blogging about their day to day lives on social media, about the challenges of living with autism to continue to raise awareness, inspire, give hope and pass on helpful and relevant information. She has also now released a chapter book, Never Give Up, Riding the emotional rollercoaster of an autism parent! An inspirational story based on their autism journey, how she felt, actions they took and basic tips and tricks they learnt and adapted along the way.

She has currently sold books to every state in Australia, NZ, UK, US and to various Autism websites and organizations.

She was in a really bad place for a long period of time but feels so proud to have turned a negative into a major positive by now being able to help others and hopefully make a little bit of a difference in this world...

THE EVERYDAY AUTISM SERIES

www.theeverydayautismseries.com.au
www.facebook.com/theeverydayautismseries
[@theeverydayautismseries](https://www.instagram.com/theeverydayautismseries)

SPEAKING TOPICS INCLUDE

Autism Parenting | Autism Awareness | Autism journey | Becoming an author/blogger/ Advocate | An inspirational story | Parent advocacy | Diagnosis | Help & Support | Disclosing diagnosis | Helpful tips, advice & strategies | Self-Care | Hope & Motivation

PREVIOUS SPEAKING ENGAGEMENTS

ABA Today conference | ABIA Anniversary event | Abacus Learning Centre Gala Dinner | Pearcedale Primary School Wellness Day | Rosebud Football Netball Club Women's Day | Special Education Assistants (Aide) Training class | Day Care Centre book reading and discussion



FEATURED IN



BOOKS AND BLOGS



MONIQUE CAIN

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